



VALENTINE'S COOKIES

So simple yet delicious!

Your four-legged friend has also deserved a delicious surprise on Valentine's Day! Win your dog's heart with this delicious, healthy, and simple recipe!

INGREDIENTS

- 7 oz Whole Wheat Flour (e.g. Spelt)
- 3 oz Oatmeal
- 7.5 oz Unsweetened Applesauce
- 2 tbsp Water
- Food Coloring

HOW TO DO

1. Preheat the oven to 350°F.
2. In a large bowl, mix flour, oatmeal, applesauce* and water.
Mix until the mixture becomes crumbly.
3. Knead the dough with your hands, until you get a smooth dough.
Then divide the dough in equal portions.
4. Add a few drops of food coloring and knead the dough again.
5. Roll out each piece of dough on a floured work surface.
Use a heart shaped cookie cutter to make cute Valentine's hearts.
6. Put the hearts on a baking sheet and bake at 350°F for around 15 minutes.
7. Let the hearts cool and prepare an artist's brush and a small portion of your food coloring.
8. Decorate your Valentine's cookies with cute words.